

News from Miss Tanner...



Our CU students received their passports this week and are well on their way to achieving their hours.

Visit this website to explore the list.

<http://childrensuniversity.com.au/adults/learning-destinations>

There are over a hundred places! It's fun for the whole family!

Attendance

Our Goal: 93%

IMPORTANT NEWS!

Attendance Ladder



We have been obliged to make a mandated notification to Families SA for every 10 days a student is away unless a medical certificate has been provided from a doctor or an exemption form has been signed after a discussion with the school.

It is the law for every child to attend school.

Please communicate with the school when your child is absent.



School success starts with attendance

Road Safety

Congratulations to our crossing monitors, you are doing a fantastic job.

Please use the crossing when crossing the road on Karoomba Avenue.



The council have been out patrolling and taking pictures of cars and people that are not following the rules.



What is school refusal?

It is a serious issue and needs to be managed early.

Signs

- Trouble in the morning on school days
- Can be teary and plea to stay home
- Complain of stomach aches and headaches
- Can be challenging with behaviour
- Trouble the night before with sleeping and protest against going to school
- Can be late to school
- Avoid activities beyond the classroom; swimming, sports day etc.

Consequences

- Causes much distress
- Interferes with friendship and education
- Stress for parents and teachers
- The more time away the more difficult to attend school
- Over time will not be able to cope and can end up not wanting to leave the house all together

Causes

- Anxiety about social situations
- Anxiety about being separated from a parent

Strategies

- Work closely with the school
- **Provide a healthy diet (Vegetables, fruits, grains)**
- **Make sure adequate sleep has occurred (8 hours minimum)**
- **Have daily routine (same activity at the same time; homework, dinner, bath, bed)**
- **Turn off all electronics one hour before bed**
- **Read together every night at bed time**
- Promote social and emotional support
- Connect fun time at home outside of school hours



Playgroup

Friday 9:30-11:00 In the Preschool.

Activities available

Playdough, Painting, Making, Drawing,
Building, Outside play, Singing etc.

All families with
children aged from 0-5

